

----- IFR LOST COMMUNICATIONS ----- squawk 7600-----

**Route (choose based on “AVEF” hierarchy):**

1. **Assigned**—the route assigned in the last ATC clearance, or
2. **Vectored**—if being vectored, direct to the fix, route, or airway (clearance point)
3. **Expected**—else, the route ATC said to expect in a further clearance (per EFC)
4. **Filed**—otherwise, the route filed in your flight plan

**Altitude (fly the highest of “MEA”):**

- **Minimum**—the minimum en route altitude (OROCA for Off Route), or
- **Expected**—the altitude ATC said to expect in a further clearance (per EFC)
- **Assigned**—the altitude ATC assigned in the last clearance

**Leaving a Clearance Limit that was given, and lost communications**

- If Limit was IAF: Leave at EFC time if an EFC was received,  
Else leave per flight plan ETA
- If Limit Not IAF: Leave at At EFC time if an EFC was received,  
Else proceed to IAF then do approach at flight plan ETA

----- IFR Clearance -----

Most IFR clearances consist of five basic components (“**CRAFT**”):

- **Clearance limit:** Your destination airport or an intermediate fix.
- **Route of flight:** Hopefully the route you filed, unless traffic conditions, ATC...
- **Altitude:** If not as requested, typically followed by when to expect next climb.
- **Frequency:** The radio frequency for departure control.
- **Transponder:** Your four-digit squawk code.

----- IFR Position Report “IPATTEN”-----

- Identification, • Position, • Altitude, • Time, • Type of flight plan, • ETA to next reporting point
- Name of next reporting point

**IFR Minimum Altitudes**

MEA	Min Enroute Altitude	Nav signal reception between fixes, AND obstacle clearance
MOCA	Min Obstruction Clearance	Obstacle clearance and Nav within 22NM
MCA	Min Crossing Altitude	Obstacle clearance enroute to a higher MEA
MRA	Min Reception Altitude	Lowest altitude to identify an intersection
MSA	Min Safe Altitude	1000ft clearance for emergency operations

**Required IFR reports**

Anytime

- Vacating assigned altitude
- Changing ‘VFR on top’ altitude
- Unable 500 ft/min climb or descent
- Missed approach
- TAS change 10kts or 5%
- Nav or Comm loss
- Safety of flight
- Hazardous unforecast weather

Holding

- Time and altitude reaching a holding fix or clearance point
- Leaving assigned holding fix/point

When not in radar contact

- Leaving FAF (or procedure inbound)
- Revised estimate > 3 minutes
- Where charted reporting points (solid triangle)

----- **Transponder Codes** -----

VFR: 1200 **Emergency: 7700** Lost Communications: 7600 Hijacked: 7500

----- **Frequencies** -----

**Emergency** 121.5 134.85  
Flight Watch (Wx) 122.0 Den Approach 126.1 128.25  
Flight Service Stations 122.2 128.45  
Flight Service KBJC: 123.65, 122.35 (800) 992-7433 Denver TRACON: 303-342-1500

**BJC FBO for fuel Truck** (Signature): 122.95 (303)-466-2336  
KBJC Control Tower: 720-633-8600. Maintenance Ops 24hours 720-352-0395  
IFR Clearance release (non-towered): 1-888-766-8267 or 303-342-1916  
NASA report: <http://asrs.arc.nasa.gov/index.html> Aopa legal services: 1-800-872-2672

----- **Local Frequencies** -----

**Practice Areas: Longmont Area: 123.175 Chatfield Area: 122.75**

**KBJC – Metro** TPA: **6500** <sup>(5673)</sup> Runways: 30RL/30RL 3/21 KBJC  
ATIS: 126.25 (303) 466-8744 AWOS: (720) 887-8067  
**Tower: 118.6 Ground: 121.7**

**KLMO – Longmont** TPA: **6052** <sup>(5055)</sup> Runways: 29/11 KLMO  
AWOS: 120.0 (303) 684-7545  
**CTAF: 122.975**

**KEIK – Erie** TPA: **6130** <sup>(5130)</sup> Runways: 34/r16 KEIK  
AWOS: 133.825 (303) 604-4339  
**CTAF: 123.0**

**KBDU – Boulder** TPA: **6300** <sup>(5288)</sup> Runways: 8/r26 KBDU  
AWOS: 118.825 (303) 541-9540  
**CTAF: 122.725**

**KFNL – Ft/Loveland** TPA: **6015** <sup>(5016)</sup> Runways: 33/15 KFNL  
AWOS: 135.075 (970) 669-9187  
**Tower: 118.4 Ground: 121.65**

**KAPA – Centennial** TPA: **6885** <sup>(5885)</sup> Runways: 17RL/35RL KAPA  
ATIS: 120.3 (303) 799-6722 ASOS (303) 760-9098  
**Tower: 118.9 Ground: 121.8**

**KGXY – Greeley** TPA: **5497** <sup>(4697)</sup> Runways: 17/35 10/r28 KGXY  
AWOS: 135.175 (970) 352-3511  
**CTAF: 122.8**

## Flight Plan Form 1-800-WxBrief (992-7433)

<b>1. Type</b>	<b>2. Aircraft</b>	<b>3. Aircraft Type</b>	<b>4. True</b>	<b>5. Departure</b>	<b>6. Departure Time</b>		<b>7. Cruise</b>	
VFR	Identification	Equip Code	Airspeed	Point	Proposed (z)	Actual (z)	Altitude	
IFR								
DVFR								
<b>8. Route of Flight</b>								
<b>9. Destination</b> (Airport and City)			<b>10. Est. Time Enroute</b>		<b>11. Remarks</b>			
			Hours	Minutes				
<b>12. Fuel on Board</b>		<b>13. Alternate Airports</b>		<b>14. Pilot Name, Address, Phone, A/C Homebase</b>		<b>15. # Aboard</b>	<b>16. Aircraft Color</b>	
Hours	Minutes							
		<b>17. Dest. Contact/Ph. #</b>						
<b>*CLOSE FLIGHT PLAN WITH _____ FSS ON ARRIVAL*</b>								

ICAO Equipment Codes: /S "Standard Equipment" /G "GPS"  
 ICAO Surveillance Codes: /S "Mode S/Alt/Tag" /B1 "ADS-B Out"  
 Old School: /G "GPS" /U "Mode C, no DME" /A "Mode C, DME"

### Light Gun Signals

Color and Type of Signal	Aircraft on the Ground	Aircraft in Flight
Steady green 	Cleared for takeoff	Cleared to land
Flashing green 	Cleared for taxi	Return for landing (to be followed by steady green at the proper time)
Steady red 	Stop	Give way to other aircraft and continue circling
Flashing red 	Taxi clear of the runway in use	Airport unsafe do not land
Flashing white 	Return to starting point on airport	Not applicable
Alternating red and green 	Exercise extreme caution	Exercise extreme caution